

LAC Periode - zaterdag 15 september 2018 om 18:00u (25 m)

Aanvangstijd juryvergadering: 17:30u

1. 1500m vrije slag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Teun van der Schrier (Hieronymus, 200403627) 18:35.12(+84)

50m	00:32.80	32,80	450m	05:34.96	38,49	800m	09:57.97	37,48	1150m	14:20.12	36,99
100m	01:09.30	36,50	500m	06:13.25	38,29	850m	10:35.83	37,86	1200m	14:57.71	37,59
150m	01:46.89	37,59	550m	06:50.78	37,53	900m	11:13.09	37,26	1250m	15:35.39	37,68
200m	02:24.55	37,66	600m	07:28.34	37,56	950m	11:50.19	37,10	1300m	16:12.52	37,13
250m	03:02.60	38,05	650m	08:05.29	36,95	1000m	12:27.88	37,69	1350m	16:48.82	36,30
300m	03:40.50	37,90	700m	08:42.82	37,53	1050m	13:05.25	37,37	1400m	17:25.50	36,68
350m	04:18.31	37,81	750m	09:20.49	37,67	1100m	13:43.13	37,88	1450m	18:01.99	36,49
400m	04:56.47	38,16	800m	09:57.97	37,48	1150m	14:20.12	36,99			

2. Tom van Eemeren (HZV Lutra, 200302087) 20:31.51(+77)

50m	00:33.71	33,71	450m	05:56.72	41,12	800m	10:50.97	42,26	1150m	15:43.74	41,92
100m	01:12.10	38,39	500m	06:39.01	42,29	850m	11:32.84	41,87	1200m	16:25.05	41,31
150m	01:52.04	39,94	550m	07:20.84	41,83	900m	12:15.49	42,65	1250m	17:06.42	41,37
200m	02:31.95	39,91	600m	08:02.24	41,40	950m	12:57.81	42,32	1300m	17:47.92	41,50
250m	03:12.20	40,25	650m	08:44.73	42,49	1000m	13:39.26	41,45	1350m	18:30.08	42,16
300m	03:52.89	40,69	700m	09:26.74	42,01	1050m	14:20.35	41,09	1400m	19:12.07	41,99
350m	04:34.25	41,36	750m	10:08.71	41,97	1100m	15:01.82	41,47	1450m	19:53.37	41,30
400m	05:15.60	41,35	800m	10:50.97	42,26	1150m	15:43.74	41,92			

2. 800m vrije slag - Dames

vanaf 12 jaar (Junioren 2 en ouder)

1. Christel Brugmans (Hieronymus, 200005602) 10:17.02(+75)

50m	00:33.72	33,72	250m	03:07.62	39,01	450m	05:44.35	39,42	650m	08:21.53	39,58
100m	01:11.61	37,89	300m	03:46.23	38,61	500m	06:23.89	39,54	700m	09:00.98	39,45
150m	01:49.88	38,27	350m	04:25.17	38,94	550m	07:03.02	39,13	750m	09:39.96	38,98
200m	02:28.61	38,73	400m	05:04.93	39,76	600m	07:41.95	38,93			

2. Luna Tilburg (O.Z. & P.C. De Warande, 200502160) 11:04.41(+62)

50m	00:36.32	36,32	250m	03:21.61	41,64	450m	06:09.94	41,87	650m	09:00.58	42,84
100m	01:17.30	40,98	300m	04:03.50	41,89	500m	06:52.54	42,60	700m	09:43.36	42,78
150m	01:58.85	41,55	350m	04:45.32	41,82	550m	07:34.91	42,37	750m	10:25.59	42,23
200m	02:39.97	41,12	400m	05:28.07	42,75	600m	08:17.74	42,83			

3. Félinn van Lienden (Hieronymus, 200602038) 11:19.92

50m	00:36.63	36,63	250m	03:22.06	41,79	450m	06:10.86	42,34	650m	09:06.76	44,71
100m	01:17.35	40,72	300m	04:04.27	42,21	500m	06:54.07	43,21	700m	09:51.33	44,57
150m	01:58.84	41,49	350m	04:46.45	42,18	550m	07:37.90	43,83	750m	10:35.78	44,45
200m	02:40.27	41,43	400m	05:28.52	42,07	600m	08:22.05	44,15			

4. Marit Stil (HZV Lutra, 200005818) 12:03.50(+76)

50m	00:40.38	40,38	250m	03:40.35	44,02	450m	06:43.38	46,81	650m	09:48.09	45,51
100m	01:24.67	44,29	300m	04:24.90	44,55	500m	07:29.34	45,96	700m	10:35.23	47,14
150m	02:10.17	45,50	350m	05:11.13	46,23	550m	08:15.78	46,44	750m	11:21.53	46,30
200m	02:56.33	46,16	400m	05:56.57	45,44	600m	09:02.58	46,80			

3. 400m wisselslag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Janne Englebert (Hieronymus, 200101561) 04:47.69(+72)

50m	00:29.77	29,77	150m	01:41.53	36,81	250m	02:59.05	41,65	350m	04:16.16	33,94
100m	01:04.72	34,95	200m	02:17.40	35,87	300m	03:42.22	43,17			

2. Tom van Kaathoven (HZV Lutra, 198805969) 06:21.86(+89)

50m	00:39.58	39,58	150m	02:18.37	49,18	250m	03:58.27	50,90	350m	05:37.63	46,18
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100m 01:29.19 49,61 200m 03:07.37 49,00 300m 04:51.45 53,18

4. 400m wisselslag - Dames
vanaf 12 jaar (Junioren 2 en ouder)